

# MARIAN'S *Moments*

*A Newsletter for Cerenity Senior Care - Marian of Saint Paul*

## New Memory Care and Therapy Space

Cerenity-Marian of Saint Paul is pleased to announce the opening of *Memories on Mounds*, our new memory care unit featuring 28 private suites and one semi-private room.

It's with much anticipation we celebrate the opening of this newly renovated unit serving those living with Alzheimer's and other forms of dementia. The residence provides a safe and welcoming environment that feels like home.

In addition to the completion of the memory care unit, our therapy space is moving from the basement up to the first floor. Patients utilizing therapy services will enjoy a large bright sunny space that is convenient and easily accessible to both onsite patients or those coming for outpatient therapy.

We look forward to hosting an open-house to showcase the newly renovated Marian Care Center in the near future. With the recent COVID-19 outbreak, postponing the spring open-house was a necessity. Protecting the health, wellness and safety of our residents and associates is our top priority.

Please stay safe and healthy. Follow updates on our website at [CerenitySeniorCare.org](http://CerenitySeniorCare.org)



Private memory care suite

For more open house information contact Sharyl Kaase at 651-495-1819 or [sharyl.kaase@bhshealth.org](mailto:sharyl.kaase@bhshealth.org)

## RESIDENTS WRAPPED IN LOVE

Prayer shawls symbolize shelter, peace and spiritual sustenance. They also can be called comfort shawls or peace shawls. The creation and presentation of a prayer shawl, like all acts of generosity, enriches the giver as well as the recipient.



Lynette Emerson (Chaplain), Lee Margl, Jackie Bruns (Volunteer Coordinator)

Compassion and the love of knitting/crocheting have been combined into a prayerful way of passing on love and joy.

Marian residents received beautiful prayer shawls carefully crafted by a dedicated group from the Prayer Shawl Ministry at Saint John Catholic Church of Little Canada. We're grateful for the delivery of lovely shawls from Lee Margl.

These prayer shawls provide comfort and peace to residents in our community. If you belong to a knitting group or knit individually and would like to donate your work, please contact Jackie Bruns at 651-793-2116 or [Jackie.Bruns@bhshealth.org](mailto:Jackie.Bruns@bhshealth.org)

*Faith, Community, Compassion*

# VOLUNTEER *Profile*

## Very Important Volunteer Peggy Whittier

by Jackie Bruns

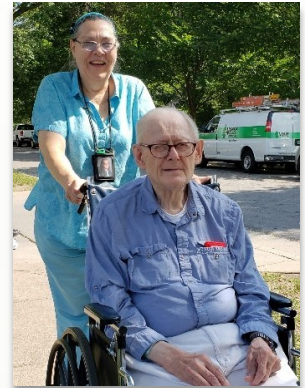
When it comes to volunteers very few are thought of as staff; but I've been asked, as have other staff, if this volunteer was an employee of Marian. Peggy has been volunteering for almost eight years, and she's here at Marian usually 2 to 4 days a week, helping our Wellness team with activities, outings, calling BINGO and assisting residents in numerous ways.

Peggy is a natural. She's very comfortable dealing with the residents and always seems to know what they need, a gently helping or guiding them along. She helps and assists staff without being asked and is always willing to do WHATEVER is asked of her.

When asked to stay a little longer or later to help with an activity her reply is always YES!!

Our Very Important (LOYAL and DEPENDABLE)

Volunteer is Peggy Whittier. This past year she volunteered 553 hours...her presence and help are INVALUABLE!



*How you can help/Volunteer Opportunities:  
We are in need of homebound Eucharistic ministers, volunteers to help with nail painting, outing escorts and more. Please contact Jackie Bruns @ 651-793-2116 or [jackie.brunsb@bhshealth.org](mailto:jackie.brunsb@bhshealth.org)*

### Cerenity-Marian Wish List

Item	Estimated Cost
weighted blankets (5lbs)	\$50-60
Alexa dot	\$50
heavy duty 4 slice toaster (1)	\$50
deluxe swivel puzzle easel	\$150
ice cream maker	\$60-100
new c.d. players	\$80
pocket talkers	\$140
large print word search puzzle books	\$20
new toys for children's corner	\$15-25
monthly happy hour supplies including liquor and mixers	\$10-\$30
transportation bus with facility graphics	\$72,757
sponsor entertainment	\$200
vintage metal train set	priceless

To donate please contact Marcy at 651-793-2102  
[Marcy.Koren@bhshealth.org](mailto:Marcy.Koren@bhshealth.org)

### Inside this issue

Memory Care & Therapy	1
Residents wrapped in love	1
Very Important Volunteer	2
Wish list	2
Donor Spotlight	3
Donors making a difference	4-5
Upcoming Events	6
Spiritual Care Volunteers	6
Inspired by Him	7
Connect with us	8

# DONOR *Spotlight*

## BLESSED BY GIVING

### Jeanne & Jeff Ewald



When Jeanne and her siblings began noticing it was no longer safe for their 90 year old mother to live alone, their mother Loretta already knew where she would live if she had to move. As a longtime Eastside

resident she was determined to remain close to her city roots and stay near her neighborhood. Her choice was Cerenity-Marian of Saint Paul and just 6 blocks from the house she was born. Loretta easily settled into her Independent Living apartment. She liked that a lot of the nurses, aids, housekeepers, and culinary staff knew her by name. As her health care needs changed and she moved through the continuum of care at Cerenity-Marian, her daughter Jeanne was comforted by the wonderful care her mother received and the relationships that developed with the staff.

Jeanne is grateful her mother chose Marian Center. It was the right place at the right time and where her mother was meant to be. Because of the care Loretta received, Jeanne and her husband Jeff felt donating to the Cerenity-Marian Foundation was a meaningful contribution. Their gift was made in memory of Loretta in recognition of all the staff and caregivers that make Marian such a special place. They both believe that giving back is a special part to their life, and that blessings come to you when you give.

In 2017, Marian Center was preparing to begin a long awaited renovation. At that time, the residents on the floor Loretta was on needed to be relocated due to the construction. It was not

exactly an easy time. Loretta's family transitioned her off campus to a new memory care community in a neighboring suburb. She received special care in the new setting and adjusted to the new surroundings. Jeanne was pleased with the care her mother received and again believed it was the right place at the right time under the circumstances. Loretta spent a little over a year in the new community and passed peacefully in January 2019 at the age of 99.

When Jeanne and Jeff came back to the Cerenity-Marian campus to discuss making a gift, they also had the opportunity to tour the care center floor where Loretta used to live. The floor had been newly renovated and the space where Loretta's room would have been was now a bright sunny open gathering space for residents to enjoy. Jeanne said when standing in that space that she felt her mother's presence. It was a peaceful feeling and reaffirmed their decision of making a gift. She recommends and encourages anyone who has had a loved one at Cerenity-Marian to come back to see the beautiful transformation.

Their generous donation will help treat associates to an extra special "Years of Service" party this summer. We thank them both for sharing their story and for honoring and recognizing the outstanding care associates provide to those at Cerenity-Marian.

Jeanne and Jeff give to many organizations that are close to their heart. They give in a quiet way. There was a time in their lives when they had very little, but discovered they are continually blessed by giving. They are kind, thoughtful and full of life. Enjoying travel and the outdoors. This fall they will celebrate their 40<sup>th</sup> wedding anniversary with family and close friends.

Thank you Jeanne and Jeff for allowing us to share your story and help us celebrate our associates.

# DONORS MAKING A *Difference*

**Gifts Received**

October 16, 2019-February 11, 2020

**In Memory of:****Elaine Balsimo**

Daniel &amp; Marilu Craft

**Edward Bauer**

Adam &amp; Rebecca Miller

**Romaine Buhl**

Marcia Agee

**Nicholas Bles**

Francis Jacobs

Doris Milla

**Mary Cisneros**

Nick &amp; Angelita Cisneros

**James Dech**

Stephen Lodge

**Kay Gross**

Michael &amp; Charlene Sheahan

**Amy Hansmann**

Arthur &amp; Cecilia Wilde

**Harold & Agatha Hebl**

Karla Geyen

**Margaret Hines**

Peggy Kipka

Kathleen Madvig

**Michelle Hinker**

Jacqueline Nash

**LoLean Johnson**

Paul Johnson

**Frank Junghans**

Carol Quinlan

**Arletta Kneissel**

Bruce &amp; Mary Kimlinger

**Richard Kranz**

Francis Jacobs

**Michael Latuff**

Jim &amp; Chris Doody

**Antone Lynch**

Dennis &amp; Patricia Lynch

**Larry May**

Rosemarie May

**Robert & Marian Mencke**

Greg &amp; Diane Mencke

**Bill Meyer**

Beverly Meyer

**Maxine Meyer**

Leland &amp; Marilyn Meyer

**Jason Milla**

Doris Milla

**Dorothy K. Miller**

Barry &amp; Kay Brown

**Donald Mishler**

Delores Mishler

**Annabelle Plumbo**

Carol Lau

**Audrey Robinson**

Rebecca Porter

**Maxine Rongitsch**

Karl &amp; Janet Rongitsch

**Alex Romanchuk**

Michael &amp; Mildred Romanchuk

**Nita Salzman**

Marcia Agee

**Ralph Seidenkranz**

David Seidenkranz

**William Schutze**

Lois Kealy

**Rosemary Scott**

John &amp; Judith Scott

**Elmer Soeffner**

Janice Soeffner

**Kenneth Sullivan**

Theresa Sullivan

**Kevin Tacheny**

Dorothy Kuczaboski

**Sr. Clara Thomas**

Mary Whalen

**Edna Trebold**

Richard &amp; Joyce Kapaun

**Bernice & Eugene Voelicky**

Anonymous

**John Wagner**

Sara Wagner

**Carl & Dolores Wind**Barbara Gahler  
Carol Vanderzanden  
Frank & Denise Wind  
Robert Wind**Kathryn Wingate**

Laura Wingate

**Mary C. Yanish**

Jack &amp; Diane Zitzer

**Earl Zook**

Mildred Zook

**In Honor of:****Kim Anderson**

Theresa Villarreal

**Marilynn Anderson**

Theresa Villarreal

**Kathleen Carter**

LouAnn Ryan

**Cerenity – Marian of Saint Paul****Employees**

Thora Dech

Jeanne &amp; Jeff Ewald

**Marguerite Grue**

Anonymous

**Jim Hermann**

Theresa Villarreal

**Clarice Johnson**

Doreen Orbita

**Dick & Debbie Limback**

Theresa Villarreal

**Margie MacNeill**

Jennifer Sedivy

**Russ & Helen Marsolek**

Theresa Villarreal

**Calvin & Carlow McDonald**

Donna Neihart

**Brenda Persons**

Sr. Catherine Fernholz

**John Ricci**

Cynthia Carletto

**Doris Shallcross**

Terez Waldoch

**Russ & Marilyn Tacheny**

Dorothy Kuczaboski

**Tamara Titsworth**

Blanche Habermaier

# DONORS MAKING A *Difference*

## **Generations of Generosity/Building Fund**

Blair & Antoinette Baker  
Jim & Chris Doody

## **Marian General Fund**

Helene Houle  
Terry & Darren Jackson  
Francis Jacobs  
Paul Johnson  
Dorothy Linn Estate  
Richard & Patricia Rath  
Dawn Westerberg  
Jack & Diane Zitzer

## ***Spirit of Marian (Employee Giving)***

Abigail Abruzo  
Krystalynn Mems-Collins  
Bhakti Dhungel  
Lisa Harrison  
Ashley Kappes  
Bao Kong  
Alesiuse Magee  
Alexis Noel  
Danyielle Perry  
Jerusalem Tadesse  
Linda Traen  
Kendra Williamson  
Ka Yang

## ***Angel Program***

Anonymous  
James & Phyllis Bjork  
Barry & Kay Brown  
Dan & Jackie Bruns  
Larry & Frances Butler  
Cynthia Carletto  
Nick & Angelita Cisneros  
Dorthea Coakley  
Lee Conlin  
Michael & Sandra Conroy  
Daniel & Marilu Craft  
Dennis Damico  
Patricia Dress  
Lynette Emerson  
Sr. Catherine Fernholz  
Bill Foussard  
Franciscan Sisters of St. Paul  
Barbara Gahler  
Karla Geyen  
John & Linda Gfrerer  
Blanche Habermaier  
Ronald & Karen Henningsen  
Mary Hudalla  
Gloria Iverson

Robert Jasinski  
Joan Johnson  
Thomas & Catherine Johnson  
Richard & Joyce Kapaun  
Lois Kealy  
James & Loretta Kelly  
Bruce & Mary Kimlinger  
Peggy Kipka  
Marcy Koren  
Dorothy Kuczaboski  
Josephine Kusz  
Carol Lau  
Marilyn Litschke  
Stephen Lodge  
Dennis & Patricia Lynch  
Kathleen Madvig  
Austin & Peggy Mallinger  
Rosemarie May  
Dick & Regina McCarthy  
Kenneth Mcinnis  
Harry G. McNeeley, Jr.  
Greg & Diane Mencke  
Beverly Meyer  
Leland & Marilyn Meyer  
Michael Meyers  
Clayton & Geraldine Michaels  
Delores Mishler  
Jacqueline Nash  
Donna Neihart  
Jeanne Nierowiecz  
Alice Oneal  
Doreen Orbita  
Bernard & Judith Pekarek  
Larry & Judy Peterson  
Rebecca Porter  
David & Julie Poupore  
Premier Banks  
John P. Quigley  
Carol Quinlan  
Dick & Pat Rath  
Richard & Jan Rau  
Donald Regan  
Patrick & Mary Regan  
Marjorie Rogers  
Michael Romanchuk  
Karl & Janet Rongitsch  
LouAnn Ryan  
Timothy & Mary Scanlan  
Mathias Schroeder  
John & Judith Scott  
Jennifer Sedivy  
David Seidenkranz  
Michael & Charlene Sheahan  
Beatrice Shemon

Brian & Kathleen Short  
Janice Soeffner  
Susan Strasser  
Theresa Sullivan  
Shelia Sweeney  
Richard & Jeannette Teeters  
Carol Vanderzanden  
Theresa Villarreal  
Sara Wagner  
Terez Waldoch  
Arthur & Cecilia Wilde  
Frank Wind  
Robert Wind  
Laura Wingate  
Joseph Wisniewski  
Barbara Woodruff  
Mildred Zook

## ***Trick & Treating Donations***

Marcia Agee  
Mary Berg  
Jackie Bruns  
Marilu Craft  
Geno Hanson  
Francis Jacobs  
Bob & Sandy Jones  
Helen Malec  
Gerry Meissner  
Julia Musial  
Sally Spence  
Patricia Swanson  
Marian Thompson  
Art & Ceil Wilde

## ***Activity Fund***

Beverly Barrett

## ***Spiritual Care Fund***

Romaine & Patricia Buhl  
Adam & Rebecca Miller  
Sally Spence

## ***Miscellaneous Items***

Toni Beck  
Lucy Friedl  
Mark & Julie Kosmalski  
Penny Norman  
Kathy Steen  
Florence Vogt  
Dianne Ward

## ***Wish List Items***

Daniel & Marilu Craft

This donor recognition is for gifts received October 16, 2019—February 11, 2020. Every effort is made to include donor names during this period. If your name is not listed please check the date of your gift. If your name is misspelled, listed incorrectly, or has been inadvertently omitted, please accept our apologies and contact us immediately so that we may correct our records.

## UPCOMING DATES TO ADD TO YOUR CALENDAR

April 2nd - Maple Street Ramblers - Chapel - 2:30 pm  
 April 7th – "Memories on Mounds" memory care tour -10:00 am  
 April 7th- Tax wise way to give - by Scott Nelson  
 April 9th - David Jones History Presentation - Chapel - 2:30 pm  
 April 20th - Soul Acoustics - Chapel - 2:30 pm  
 April 21st – "Memories on Mounds" memory care tour - 10:00 am

May 14th - Alive and Kickin' - Chapel - 2:30 pm  
 May 28th - North Suburban - Chapel - 2:30 pm

June 11th - Senior Sax - Chapel - 2:30 pm  
 June 22nd - Music with James Shaw- PVR - 2:30 pm

July 2nd - David Jones History Presentation - Chapel - 2:30 pm  
 July 13th - Darlin' Jesse Music - Chapel - 2:30 pm  
 July 20th - Soul Acoustics - Chapel - 2:30 pm

*Please note: All large group events are on hold until further notice*

Many resident programs and activities planned at Cerenity-Marian are made possible through your donations. We invite you to join us for any of these upcoming events to enjoy alongside our residents.

## VOLUNTEER ADVENT RETREAT

We at Cerenity Marian are extremely blessed to have multiple Spiritual Care volunteers to enhance the spirituality and wellbeing at Marian. These volunteers provide support to Marian in various ways, including Mass support and offering Communion and prayers to our residents.

This past December we held a Spiritual Care Volunteer Retreat to thank and honor our Spiritual Care volunteers. It was also a special time for them to connect with God during the Advent Season and to renew within themselves the hope found in Christ. Those who attended the retreat were blessed by keynote speaker Jim Smith, Director of Mission Integration for Benedictine. One special part of Jim's time with us was to encourage the volunteers to share with the group about their volunteer experience. No matter what responsibilities our volunteers take on at Marian, there are positive outcomes for both the giver and the receiver.

Blessings,

Chaplain Lynette

# Tenant *News*

## Inspired by Him

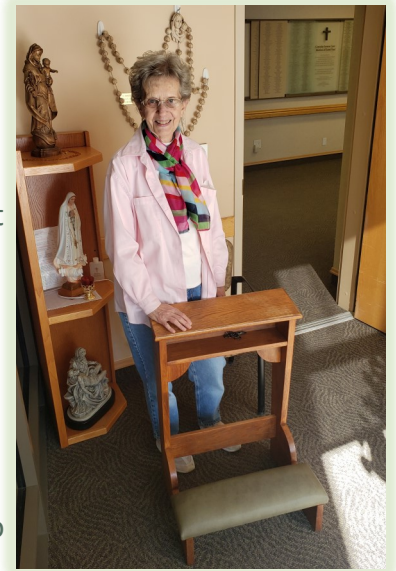
by Jackie Bruns and Noelle Klund

About two months ago a Marian tenant was spending time in prayer while kneeling in the adoration room. She felt God's spirit prompting her "it was time" and "you're the perfect person to fix it." Pat Buhl had been noticing for quite some time how old and broken down the kneeler pad was and it bothered her every time she prayed.

Pat took a closer look and decided it wouldn't be too difficult to take it apart and get it redone. She asked for staff permission and then was quickly on her way to a fabric store. Pat explained she felt led directly to the army green vinyl fabric, which was a perfect color match! She made the purchase for \$2.50.

Next Pat called an upholsterer she had used in the past and he told her to bring it over and he would take a look. Using some tools, Pat was able to remove the kneeler board and drove it over along with the new fabric. The upholsterer told Pat to come back in a couple hours. He was able to add the new padding and fabric.

When Pat picked up the board she was so pleased and excited with how well it turned out. She was happy to pay for it, but the man kindly said there was no charge. Pat, we thank you for your willingness to be led by the Spirit. God clearly blessed this labor of love, from the perfect fabric match to the kind gentleman not asking for payment. What a beautiful reminder of how God speaks to us!!



Pat Buhl with newly upholstered kneeler in adoration room.

### SCHEDULED RELIGIOUS SERVICES

**Protestant**

Monday Service 10:00 am

**Lutheran**

Tuesday Communion Service 6:00 pm



**Catholic**

Monday-Friday Mass 1:00 pm  
(Mon-Fri Preceding Mass is Rosary @ 12:30 pm)

Tuesdays Adoration 2:30 pm

Saturday Mass 10:00 am

Sunday Mass 9:00 am

1st Thursday Confessions 1:45 pm

3rd Tuesday Confessions 1:45 pm

Please note: All services are cancelled until further notice

## Marian's Moments

Schedule your personal campus tour today! Contact Sharyl Kaase at 651-495-1819



If you prefer to receive your newsletter via email, please call 651-793-2182 or email [Carrie.Godfrey@bhshealth.org](mailto:Carrie.Godfrey@bhshealth.org)



*Marian of Saint Paul*  
200 Earl Street  
Saint Paul, MN 55106

Nonprofit Org  
U.S. Postage  
**PAID**  
Twin Cities  
Permit No. 4459



Corporate Serve the Community day. These ladies were awesome from Affinity Plus Credit Union



Tenants enjoying a lovely evening during our traditional Evening of Christmas campus celebration

## CONNECT WITH US



VISIT OUR WEBSITE AT: [www.cerenityseniorcare.org](http://www.cerenityseniorcare.org)



[www.facebook.com/friendsofmarian](https://www.facebook.com/friendsofmarian)

Phone (651) 793-2100