



Tenant/Family Holiday Party Kicks off the New Year!

On January 7th, tenants and their families enjoyed celebrating the holiday season with a delicious hor d'oeuvre buffet. Many smiles and hearty laughs added further delight to the evening.



Clockwise starting top left—Campus Administrator Greg Baumberger, tenant Floyd Stielow, and the families of Beverly Fredricksen, Mary Davy, Bertie Organ and Ruby Marvin.

A Message from our Property Manager

Happy New Year! I hope the start of 2010 has brought many new blessings your way. We started off the new year celebrating with the tenants and their families at the holiday party in January. It is always wonderful to see the bright smiles on the proud tenant's faces while showing off their families!

In November, the tenants participated in a My Innerview Survey. Our results were a wonderful way to start the New Year! We had a 81% response rate among our tenants which was a drastic improvement from years past. We are proud to announce that 97% of the tenants would recommend our Assisted Living Program/Building to others and 97% of our tenants were overall satisfied.

We are very proud of our Assisted Living Program and strive to improve each and every day. If anyone has has any comments or suggestions, please let me know.



Katie Rideout

Meet Our New Tenants

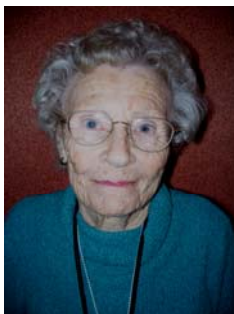
We welcome our newest tenants who have chosen to call Cerenity Residence -WBL, their home!



Ruby Marvin



Jim LaCasse



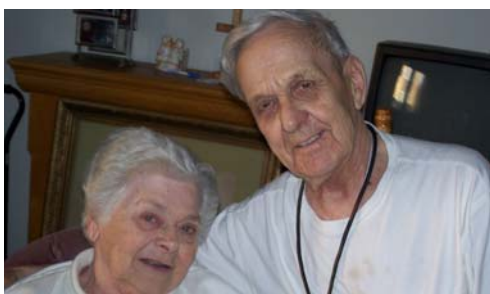
Elaine Sickler



Margaret Lear



Dorothy & Ray Landucci



Pat & Jack Sevelin

Make a Note of these Upcoming Events

Tuesday, February 2nd at 10:00 is the date for our Monthly Discussion Group. This is a new activity that will offer us the opportunity to discuss various topics such as current or historical events. By coming to the first discussion, you will be able to be on the “ground floor” as we develop this activity.



*Activity Coordinator
Holly Gardner*

Friday, February 5th at 2:00 has been set aside for our Monthly Birthday Party. Mike

Larson will be here to play the accordion as we celebrate with those tenants having February birthdays. Come ready to enjoy refreshments and a snack!

Friday, February 12th at 2:00 we will be holding our annual Ladies Valentine Tea. Enjoy a hot cup of tea with others while listening to piano music.

While Katie is on Maternity Leave...



Greg
Baumberger

It is with much delight that we announce that our Property Manager, Katie Rideout, gave birth to a healthy baby boy.

While Katie is on maternity leave, Greg Baumberger, our Campus Administrator, and Stephanie Ritter, our Intern, will be more visible.



Stephanie
Ritter

Others who will be helpful include our Registered Nurses at (651) 232-1819. Also available are Holly Gardner, our Activity Coordinator, and Terry Johnston, who staffs our front desk. They can be reached at (651) 232-1867. Our 24-hour Resident Assistants are at (651) 925-6934.

Christmas Season Celebrated with Many Santas!

Cerenity Residence—WBL enjoyed two days of fun filled Christmas activities with Santa. On December 18th, the festivities took place in our dining room, with Santa checking to see who had been “naughty or nice.” Then, on December 21st, a group of tenants enjoyed the Santa Party at Rudy’s Red Eye Grill in White Bear Lake. This latter event was free of charge due to the generosity of the Restaurant’s owner.



(Top, left to right) Tenants Warren Gahlon, Dorothy Landucci, and Helen Bergfalk enjoy the December 18th Christmas party in Cerenity’s dining room.



(Clockwise, starting middle row, far left) The Santa Party, a free event put on by Rudy’s Red Eye Grill in WBL, is enjoyed by tenants Carmel Scott, Grace Johnson, Gene Johnson, Darlene Gleason, Nancy Mahre (a volunteer), and Lauraine Torgerson.

Reminders

- Do not open the front door of the building to strangers; this interferes with our security system.
- Remember to sign out when you leave our building, and sign in when you return.
- Let us know whenever you will not be here for supper.

Nursing Update

To meet the changing needs of our tenants, we have increased our Resident Assistant (RA) hours. Previously an RN covered 12:30 p.m. to 4:00 p.m. on weekdays; now we have both an RN and a RA here during that time. Let us know when we can be of help!

A PUBLICATION OF CERENITY RESIDENCE—WBL

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***Community...Empowerment
Compassion***

Please note that the Lake Area Bus will be terminating its service at the end of February, 2010. Another dial-a-ride provider will be taking its place. However, we do not yet know the level of service that will be provided, nor the cost. We will continue to keep you updated as we learn more.

New Piano Donated

It is with the utmost gratitude that we relay that Nancy Mahre donated a new piano to our facility during the Christmas season. Nancy is a very committed volunteer who spends many hours each week assisting our activity coordinator, the beauticians, and the campus Chaplain. We are so thankful for her generosity!



Tenant & pianist Jan Thayer can often be found at the piano.

Chapel News

Cypress Court, one of the nursing stations at the Care Center, will be going through an extensive remodel in the near future. During the remodel, all Catholic Masses, and the Rosary that precedes the Sunday Mass, will be held in the Care Center's first floor main dining room. However, all 2:30 p.m. Services, as well as the Rosary that is said Monday through Saturday, will continue to take place in the Chapel.

Get to Know the Staff At Cerenity Residence—WBL!

If you have ever forgotten a staff member's name, or didn't recognize a new staff member, here is your chance to put a name with a face.



Our Property Manager is Katie Rideout, while our Registered Nurses are Pat Tillotson, Julie Dost, and Julie Bohmert. Holly Gardner (not pictured) is our Activity Coordinator. Resident Assistants (RA's) are Andrea Krogman, Bridget Felion, Cindy Swanburg, Deb Steiner, Diane O'Brien, Jenny Berry, Jessica Khambata, Lesli Rose, Megan Farr (not pictured) and Melinda Nyberg. Terry Johnston works in our Front Office.